

Sunbury Amateur Regatta

Saturday 15th August 2009, Rivermead Island

- There are 4 events for local Pubs, clubs, shops, firms and individuals to enter.
- 'Local' means within a 10-mile radius of Sunbury Cross.
- Competitors must be 18 years old or over on the day of the regatta.
- Persons who have ever raced for a Skiff or Rowing Club (within 10 years) are not allowed to enter these Local Only events; there are other 'Club' events for them.

LOCAL EVENTS

A. Local Mens Doubles

Two men rowing a skiff with a third person (cox) steering. This event is open to any of the above listed, within a 10-mile radius of Sunbury Cross. The course is approximately 200 metres.

B. Local Ladies Doubles

Two women rowing a skiff with a third person (cox) steering. This event is open to any of the above listed, within a 10-mile radius of Sunbury Cross. The course is approximately 200 metres.

C. Local Mixed Doubles

Two people (one of each sex) rowing a skiff with a third person (cox) steering. This event is open to any of the above listed, within a 10-mile radius of Sunbury Cross. The course is approximately 200 metres

D. Dongola

Six people (including at least two ladies) kneeling down in a punt and paddling it 'Red-Indian' style, up the same 200 metre course. This is one of the most popular events at the regatta, and fancy dress is encouraged – there is a special trophy for the best outfits.

Entries should be made on the attached forms and received no later than noon on 9th August 2009, with the appropriate entry fees.

SUNBURY AMATEUR REGATTA – 15th August 2009

Entry form for LOCAL ROWING EVENTS (Not including Local Dongola)

Please use one entry form per team entered.

Entries and fees must be received by **noon on 9th August 2009.**

The entry fee is **£15.00 per team.** Please make cheques payable to Sunbury Amateur Regatta.

EVENT A – LOCAL MENS DOUBLES – for the Murray Scott Challenge Cup

EVENT B – LOCAL LADIES DOUBLES – For the Miller Cup

EVENT C – LOCAL MIXED DOUBLES – for the Page Aerospace Cup

Team Captain	
Organisation (if applicable)	
Address	
Telephone Number	
Email (for First Race times)	

Event entered (*Please tick*):

<input type="checkbox"/>	<i>A - Local Mens Doubles</i>
<input type="checkbox"/>	<i>B - Local Ladies Doubles</i>
<input type="checkbox"/>	<i>C - Local Mixed Doubles</i>

Team Name	
Rower 1	
Rower 2	
Cox	

SUNBURY AMATEUR REGATTA – 15th August 2009

Entry Form for LOCAL DONGOLA

Entries and fees must be received by **noon on 9th August 2009**.

The entry fee is **£30.00 per team**, which includes one compulsory practice session. Please make cheques payable to Sunbury Amateur Regatta.

LOCAL DONGOLA – for the Round Table Trophy

Race over 200 metres (approx.), upstream, crew of six of which at least two must be ladies, for the Round Table Trophy.

Team Name 1	
Team Captain 1	
Organisation (if applicable)	
Address	
Telephone Number	
Email (for First Race times)	

Team Name 2	
Team Captain 2	
Organisation (if applicable)	
Address	
Telephone Number	
Email (for First Race times)	

Fancy dress is encouraged for this event. A Trophy is awarded to the best- dressed crew.

SUNBURY AMATEUR REGATTA – 15th AUGUST 2009

Additional Information

PRACTICE SESSIONS

Dongola & Skiff training will take place from **Monday 10th August to Thursday 13th August** starting at 6.30pm on the Regatta course. Sessions cost £10 for Dongola & £5 for Skiff, but one session is included in your entrance fee.

RULES FOR LOCAL EVENTS

Who can enter

1. The Local events are open to anyone within a 10-mile radius of Sunbury Cross who has never competed for or been a member of any SRA or ARA Club.
2. All Dongola crews must have at least one practice session prior to the Regatta. The charge for this is included in the entry fee. Crews who do not practice will not qualify to enter on the day, and entry fees will not be refunded. See above details for practice sessions.
3. No person may be in more than one team in the same event.
4. Rowers and Dongola competitors must be at least 18 years old. Coxswains may be under 18 years old, and maybe male or female. They **MUST** weigh at least 8 stones – those weighing less must use dead weights to make up the deficiency.

How to Enter

5. Entry should be made on the attached forms and received by noon **9th August 2009**, with the appropriate entry fees payable “**Sunbury Amateur Regatta**” to :
John Graham. Sunspot. The Creek
Sunbury on Thames. Middlesex TW16 6BY Tel 07973 814552
6. Entries for Local Skiffing Events are limited to 5 per organisation for each event. Dongola entries may be limited to 2 per organisation, at the discretion of the Racing Secretary, in which case entry fees will be refunded.
7. Entries are accepted on the basis that crews are prepared to race at the time appointed by the Committee, and **NO** allowances can be made for absentees.

RACING

9. All competitors should be able to swim. There is a rescue boat; if your boat sinks, you are advised to stay with it until the rescue boat arrives.
10. Except in Dongola races, crews must row on their allotted station - Middlesex, Centre or Surrey. Crews deviating from their allotted station may be disqualified by the umpire.
11. Crews must abide by their own accidents.
12. The Umpires decision is final.

SUNBURY AMATEUR REGATTA – 15th AUGUST 2009 REGULATIONS

The following general regulations are relevant to the Local Events.

SCULLING

1. Local Skiff and Dongola races are held under Sunbury Regatta Rules. Races will be over 200 metres and will start at the green coloured buoy. The 50 metre buoy is coloured white.
2. The sculling course is upstream, the finish being at the upstream end of the Regatta enclosure.
3. The Middlesex and Surrey boundaries of the course are defined by marker buoys. Crews leaving the marked course may be disqualified – boats proceeding to the start must keep to the Surrey side of the buoys.
4. There is a stagger in favor of the Surrey stake boat at the start. The finish will have an equivalent stagger in favor of the Surrey station, which will be marked by a buoy on the Middlesex side.
5. Sculling races from the intermediate start point will receive a small stagger in favor of the Surrey station, which will be marked by a buoy on the Middlesex side.
6. When only two teams are racing, the Middlesex and Centre stations are to be used.
7. Crews must carry colours on their vessels corresponding to their stations, as follows.
Surrey – Red, Centre – White, Middlesex – Blue
8. Any dead heat shall be re-rowed immediately over an approximate half course.
9. Competitors must report to the Raft Stewards 20 minutes before the advertised time of races and be at the start two minutes before their race time – failure to appear at the start on time may lead to disqualification.
10. Boats, sculls and paddles are provided by the Regatta for local sculling events and all Dongola races. These must be used without exception.
11. Any crew involved in an incident within the navigation channel should stop immediately and render assistance where necessary until the Safety boat arrives. The incident must be reported to the Racing Secretary as soon as possible.
12. The Committee reserves the right to alter this programme.

DONGOLA RACING RULES

The following guidelines are issued to Umpires and Competitors.

1. Races will be stopped and restarted if there appears to be a danger to people or boats. Crews will be restarted as close as possible to the position in which they were stopped.
2. Any crew intentionally interfering with another will be disqualified, and the remaining crews restarted as close as possible to the position in which they were stopped.
3. No action will be taken if boats unintentionally leave their station and interfere with other crews. This is part of Dongola racing.

SUNBURY AMATEUR REGATTA – 15th August 2009

Entry Form for TUG OF WAR

Rules

1. A team consists of eight persons with at least two females per team.
2. Soft shoes only to be worn, eg trainers.
3. Eligible teams should be within a 10 mile radius of Sunbury Cross.
4. Best of three pulls will determine the winning team into the next round.
5. Teams will called from 2.30pm. Teams failing to show will be disqualified. Sunbury Regatta rules will apply. The judge's decision will be final.
4. The committee reserve the right to limit the number of teams per organisation.

Entry form and fees must be returned by **noon 9th August 2008**.

The entry fee is **£30.00 per team** (*This fee now includes entry into the Regatta Enclosure*). Cheques should be made payable to Sunbury Amateur Regatta

John Graham
Sunspot, The Creek,
Sunbury on Thames
Middlesex, TW16 6BY

Tel: 07973 814 552

Team Name	
Team Captain	
Organisation (if applicable)	
Address	
Telephone Number	
Email	